

The Vegetarian Society

Volunteers Register

There are times, particularly around major events like National Vegetarian Week, or when an important, relevant news story hits the headlines, that we could accomplish much more if we had some extra help from volunteers. Members who live close to Parkdale and who have a few hours to spare on week days can make a very valuable contribution to our efforts by coming into the office and helping out. Many jobs are quite simple and need no specialist knowledge, eg photocopying, filling and franking envelopes, sorting press cuttings. But there are times when we can use more specialist skills such as computer expertise or librarian skills. Sometimes we need to call people in at short notice to help with a large, but short-term, job, but there are other times when regular help, say a couple of hours a week over several months to complete a special project, would be useful. This means we need to have a mixture of entries on our register of volunteers so we can match up skills and availability to the projects that need help.

If you would like to be on our register of volunteers, please complete and return the enclosed form.

Many thanks for your help.

Bronwen

Bronwen Humphreys
Local Network Co-ordinator

This information will be kept on a computer database but will not be used for any purpose other than our volunteer programme. You can ask to be removed at any time.

Notes:

You do need to live within reasonable travelling distance of Altrincham to be on the "Office Volunteers" list! You also need to be over 16 years old. You should be a vegetarian or sympathetic to vegetarianism but it is not essential to be a Society member. We can only pay very local travel expenses and we cannot provide you with accommodation.

Parkdale is situated about 20 minutes walk from Altrincham town centre (where there's a bus, train and metro station), on the A56 (Dunham Road). We have plenty of parking space but unfortunately, we are not on a bus route.

Our offices are in a large, refurbished Victorian house. Some offices are upstairs, but there is disabled access to the ground floor offices, a ramp up to the front door and disabled toilet facilities on the ground floor.

We are open Monday to Friday from about 8.30am to 5.00pm.

OFFICE VOLUNTEERS REGISTER ENTRY

Name:

Address:

Postcode:

daytime phone number:

Fax:

Email: *(we mostly use email to communicate with volunteers so please include if you have one!)*

Membership number if applicable:

date of birth if under 18:

Please indicate the sort of times you are likely to be available (eg Friday afternoons, any time, any time with advance notice, second week of the month, summer holidays, during school terms):

Could you be available at regular intervals over a period of time?:

What kind of work would you prefer to do? (eg general office work like photocopying, stuffing envelopes, basic word processing or data input on computers):

Is there anything that you might find difficult because of health problems or would be prefer not to be involved with?:

Do you have any specialist skills that may be useful to the Society?:

Do you need travel expenses? (we can only afford local travel expenses):

Many thanks for your help. Please return this form to:

Bronwen Humphreys, The Vegetarian Society, Parkdale, Dunham Road, Altrincham, Cheshire, WA14 4QG. Fax: 0161 926 9182