

THEY CAME FROM OUTER THE GARDEN...



22 - 28TH MAY 2006

NATIONAL

VEGETARIAN WEEK

FEATURING A FEAST OF
FANTASTIC FLAVOURS TO
TEMPT YOUR TASTEBUDS

...IT'S NOTHING TO BE SCARED OF!

AMAZING AUBERGINES SENSATIONAL STRAWBERRIES WONDERFUL WALNUTS TANTALISING TOMATOES AWESOME ASPARAGUS MOUTHWATERING MELONS





Becoming a vegetarian has never been easier, tastier or more nutritious. If you want some fresh ideas and inspiration please tick one or both of the following boxes & return this postcard.

- a free guide to going – and staying – vegetarian
 a free recipe booklet

NAME _____

ADDRESS _____

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PHONE _____

The Vegetarian Society, Registered Charity No. 259358
Patrons: Rose Elliot MBE, Jerome Flynn, Sir Paul McCartney,
Stella McCartney, Wendy Turner-Webster

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